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Sex, Drugs, Ratt & Roll: My Life In Rock



Synopsis

A jaw-dropping tell-all from the lead singer of the 1980s supergroup Ratt: the groupies, the trashed hotel rooms, the drugs—and just how much you can get away with when you’re one of the biggest hair metal stars of all time. Women. Spandex. Drugs. Hair spray... Welcome to heavy metal rock & roll, circa 1980, when all you needed was the right look, burning ambition, and a chance. Stephen Percy and supergroup Ratt hit the bullseye. What they did with their fame and fortune is a riotous tale of...SEX, DRUGS, RATT & ROLL Percy was a scrawny, horny, thrill-seeking teenager with an electric guitar who had graduated from backyard parties in San Diego to half-empty dives in Los Angeles before he and his band broke through at Whiskey a Go Go. Cranking out metal just as metal got hot, Ratt was the perfect band at the perfect time, and their hit single “Round and Round” became a top-selling anthem. The bigger Ratt got, the more excessive Percy and his “pussy pirates” became. There was nothing these guys wouldn’t snort, drink, bed, or break. And the fans were just as bad, as husbands and mothers offered up nubile wives and daughters as tribute to their rock & roll idols. On a journey that could happen only in America, Percy met everyone from Michael Jackson to Drew Barrymore (at age twelve, at a New York nightclub, at 2 a.m.) to Rodney Dangerfield. His infamous partner-in-crime, Ratt guitarist Robbin Crosby, a blond Viking with an unsurpassed appetite for drugs and women, cuts a towering and tragic figure throughout. As Ratt scrambled up a wall of fame and wealth, so they experienced the gut-wrenching free fall, after too many hours in buses, planes, and limos; too many women; too many drugs; and all the personality clashes and ego trips that marked the beginning of the end. Percy offers a stunningly honest selfportrait of a man running on the fumes of ambition and loneliness as the party crashed. His rock & roll confessional, by turns incredible, hilarious, and lyrical, is a story of survival—and a search for the things that matter most.

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Customer Reviews

Excellent book on the Metal scene on 1980s LA from Stephen's perspective and the entire history of RATT. Very smooth read and great details on other bands, groupies, etc. Easily one of the better auto biographies that I've read in ages.

The book is okay. It reads like a lifetime movie in places. I read it on a long flight and it passed the time to mission accomplished.

I as a female fan really enjoyed this book. RATT was my first concert in 1985 and was the mecca for the time. It was raw, in your face and sexy as hell. So you envision what the lifestyle is, what they really did in the bus, you always suspected what went on, but never knew for sure if it was hype. Stephen was honest, blunt and the story was as I hoped. Truthful. Between the people he met and the bands relationship, to playing in general. I love it. I also had a major crush on Stephen as one of his many groupies, I had his poster on my walls on my ceilings, everyone. He started my love for brown eyed boys. Thanks for making my teenage hormones surge when I heard RATT. Still love the music, and recommend the book highly to any fan. The male RATT fan will be fist pumping Stephen along the way. WOW

It was pretty good, I have listened to Ratt for many years, a lot of it is same ol same ol from these rock stars though.

I like Stephen a little more after reading this

Can't wait to read!

Very good read. I've read the dirt and this goes very well with it. You honestly feel like your back in the day when hair metal came out. I loved this book!!!

Tale of a guy who climbed to the pinnacle of success, paid his dues and came crashing down to reality in the end. Very well written..could almost imagine the parties. Honestly, a little jealous that I missed this era.

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